

Oven Temperatures

	° F.
Very hot.....	450 to 500
Hot.....	400 to 450
Moderately hot.....	375 to 400
Moderate.....	325 to 375
Very moderate.....	300 to 325
Slow.....	250 to 300
Very slow.....	225 to 250

Equivalent Measures

3 teaspoons.....	1 tablespoon.
4 tablespoons.....	¼ cup
16 tablespoons.....	1 cup.
½ cup.....	1 gill.
2 cups.....	1 pint.
4 cups.....	1 quart.

*All quantities in this cookbook are given
in level measurements.*

Aunt Sammy's Radio Recipes
Revised US Dept Agriculture,
Bureau of Home Economics
C. 1931.